



WHAT DOES THE BIBLE SAY ABOUT OVERCOMING TEMPTATION?

1 Corinthians 10:13 No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it.

Mark 14:38 Watch and pray so that you will not fall into temptation. The spirit is willing, but the body is weak."

James 1:12 Blessed is the man who perseveres under trial, because when he has stood the test, he will receive the crown of life that God has promised to those who love him.

James 1:13-14 When tempted, no one should say, "God is tempting me." For God cannot be tempted by evil, nor does he tempt anyone; but each one is tempted when, by his own evil desire, he is dragged away and enticed.

Matthew 6:13 And lead us not into temptation, but deliver us from the evil one.

Luke 8:13 Those on the rock are the ones who receive the word with joy when they hear it, but they have no root. They believe for a while, but in the time of testing they fall away.

Luke 22:40 On reaching the place, he said to them, "Pray that you will not fall into temptation."

Luke 22:46 "Why are you sleeping?" he asked them. "Get up and pray so that you will not fall into temptation."

Galatians 5:16 So I say, live by the Spirit, and you will not gratify the desires of the sinful nature.
1 John 5:4 for everyone born of God overcomes the world. This is the victory that has overcome the world, even our faith.

Ephesians 6:11-18 Put on the full armor of God so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God. And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints.

1 Timothy 6:9 People who want to get rich fall into temptation and a trap and into many foolish and harmful desires that plunge men into ruin and destruction.

Luke 4:12-13 Jesus answered, "It says: 'Do not put the Lord your God to the test.'" When the devil had finished all this tempting, he left him until an opportune time.

Matthew 26:40-41 Then he returned to his disciples and found them sleeping. "Could you men not keep watch with me for one hour?" he asked Peter. "Watch and pray so that you will not fall into temptation. The spirit is willing, but the body is weak."

1 Corinthians 7:5-7 Do not deprive each other except by mutual consent and for a time, so that you may devote yourselves to prayer. Then come together again so that Satan will not tempt you because of your lack of self-control. I say this as a concession, not as a command. I wish that all men were as I am. But each man has his own gift from God; one has this gift, another has that.

Romans 7:24-25 What a wretched man I am! Who will deliver me out of the body of this death? I thank God through Jesus Christ, our Lord! So then with the mind, I myself serve God's law, but with the flesh, the sin's law.

Hebrews 2:18 For in that he himself has suffered being tempted, he is able to help those who are tempted.

2 Peter 2:9 the Lord knows how to deliver the godly out of temptation and to keep the unrighteous under punishment for the day of judgment;

1 John 4:4 You are of God, little children, and have overcome them; because greater is he who is in you than he who is in the world.

Romans 6:6,14 knowing this, that our old man was crucified with him, that the body of sin might be done away with, so that we would no longer be in bondage to sin. For sin will not have dominion over you. For you are not under law, but under grace.

1 Peter 1:6-7 Wherein you greatly rejoice, though now for a little while, if need be, you have been put to grief in various trials, that the proof of your faith, which is more precious than gold that perishes even though it is tested by fire, may be found to result in praise, glory, and honor at the revelation of Jesus Christ--

Romans 8:37 No, in all these things, we are more than conquerors through him who loved us.

John 16:33 I have told you these things, that in me you may have peace. In the world you have oppression; but cheer up! I have overcome the world."

Galatians 1:4 who gave himself for our sins, that he might deliver us out of this present evil age, according to the will of our God and Father--

James 4:7 Be subject therefore to God. But resist the devil, and he will flee from you.

Genesis 3:15 I will put enmity between you and the woman, and between your offspring and her offspring. He will bruise your head, and you will bruise his heel."

Luke 22:31-32 The Lord said, "Simon, Simon, behold, Satan asked to have you, that he might sift you as wheat, but I prayed for you, that your faith wouldn't fail. You, when once you have turned again, establish your brothers{The word for "brothers" here may be also correctly translated "brothers and sisters" or "siblings."}."

1 Peter 5:8-9 Be sober and self-controlled. Be watchful. Your adversary the devil, walks around like a roaring lion, seeking whom he may devour. Withstand him steadfast in your faith, knowing that your brothers who are in the world are undergoing the same sufferings.

John 17:15 I pray not that you would take them from the world, but that you would keep them from the evil one.

Galatians 6:14 But far be it from me to boast, except in the cross of our Lord Jesus Christ, through which the world has been crucified to me, and I to the world.

Romans 16:20 And the God of peace will quickly crush Satan under your feet. The grace of our Lord Jesus Christ be with you.

Hebrews 4:15-16 For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who has been tempted in every way, just as we are--yet was without sin. Let us then approach the throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.

James 1:2-3 Consider it pure joy, my brothers, whenever you face trials of many kinds, because you know that the testing of your faith develops perseverance.

Jesus showed us how God would have us handle temptation. Each time Jesus was tempted in the desert by Satan, He prevailed without surrendering to the temptation. Jesus could have often changed what was being done to Him, but He chose rather to follow the prophecies of the Bible. This is the example to follow.