



## **WHAT DOES THE BIBLE SAY ABOUT SUFFERING?**

**Romans 8:16-18** The Spirit himself testifies with our spirit that we are God's children. Now if we are children, then we are heirs-heirs of God and co-heirs with Christ, if indeed we share in his sufferings in order that we may also share in his glory. I consider that our present sufferings are not worth comparing with the glory that will be revealed in us.

**1 Corinthians 12:25-27** so that there should be no division in the body, but that its parts should have equal concern for each other. If one part suffers, every part suffers with it; if one part is honored, every part rejoices with it. Now you are the body of Christ, and each one of you is a part of it.

**2 Timothy 2:12** if we endure, we will also reign with him. If we disown him, he will also disown us;

**2 Timothy 3:12** In fact, everyone who wants to live a godly life in Christ Jesus will be persecuted,

**1 Peter 2:19-20** For it is commendable if a man bears up under the pain of unjust suffering because he is conscious of God. But how is it to your credit if you receive a beating for doing wrong and endure it? But if you suffer for doing good and you endure it, this is commendable before God.

**1 Peter 4:12-19** Dear friends, do not be surprised at the painful trial you are suffering, as though something strange were happening to you. But rejoice that you participate in the sufferings of Christ, so that you may be overjoyed when his glory is revealed. If you are insulted because of the name of Christ, you are blessed, for the Spirit of glory and of God rests on you. If you suffer, it should not be as a murderer or thief or any other kind of criminal, or even as a meddler. However, if you suffer as a

Christian, do not be ashamed, but praise God that you bear that name. For it is time for judgment to begin with the family of God; and if it begins with us, what will the outcome be for those who do not obey the gospel of God? And, "If it is hard for the righteous to be saved, what will become of the ungodly and the sinner?" So then, those who suffer according to God's will should commit themselves to their faithful Creator and continue to do good.

James 5:10-11 Brothers, as an example of patience in the face of suffering, take the prophets who spoke in the name of the Lord. As you know, we consider blessed those who have persevered. You have heard of Job's perseverance and have seen what the Lord finally brought about. The Lord is full of compassion and mercy.

Hebrews 13:1-3 Keep on loving each other as brothers. Do not forget to entertain strangers, for by so doing some people have entertained angels without knowing it. Remember those in prison as if you were their fellow prisoners, and those who are mistreated as if you yourselves were suffering.

Hebrews 10:32-36 Remember those earlier days after you had received the light, when you stood your ground in a great contest in the face of suffering. Sometimes you were publicly exposed to insult and persecution; at other times you stood side by side with those who were so treated. You sympathized with those in prison and joyfully accepted the confiscation of your property, because you knew that you yourselves had better and lasting possessions. So do not throw away your confidence; it will be richly rewarded. You need to persevere so that when you have done the will of God, you will receive what he has promised.

Hebrew 2:10-12 In bringing many sons to glory, it was fitting that God, for whom and through whom everything exists, should make the author of their salvation perfect through suffering. Both the one who makes men holy and those who are made holy are of the same family. So Jesus is not ashamed to call them brothers.

2 Corinthians 1:5,7 For as the sufferings of Christ abound to us, even so our comfort also abounds through Christ. Our hope for you is steadfast, knowing that, since you are partakers of the sufferings, so also are you of the comfort.

John 16:33 I have told you these things, that in me you may have peace. In the world you have oppression; but cheer up! I have overcome the world."

2 Corinthians 5:8-10 We are of good courage, I say, and are willing rather to be absent from the body, and to be at home with the Lord. Therefore also we make it our aim, whether at home or absent, to be well pleasing to him. For we must all be revealed before the judgment seat of Christ; that each one may receive the things in the body, according to what he has done, whether good or bad.

James 5:13 Is any among you suffering? Let him pray. Is any cheerful? Let him sing praises.

Psalms 22:24 For he has not despised nor abhorred the affliction of the afflicted, Neither has he hidden his face from him; But when he cried to him, he heard.

Psalms 27:14 Wait for Yahweh. Be strong, and let your heart take courage. Yes, wait for Yahweh.

Psalms 55:22 Cast your burden on Yahweh, and he will sustain you. He will never allow the righteous to be moved.

Proverbs 24:16 For a righteous man falls seven times, and rises up again; But the wicked are overthrown by calamity.

Exodus 3:7 Yahweh said, "I have surely seen the affliction of my people who are in Egypt, and have heard their cry because of their taskmasters, for I know their sorrows.

Psalms 73:26 My flesh and my heart fails, But God is the strength of my heart and my portion forever.

2 Timothy 2:8-10 This is my gospel, for which I am suffering even to the point of being chained like a criminal. But God's word is not chained. Therefore I endure everything for the sake of the elect, that they too may obtain the salvation that is in Christ Jesus, with eternal glory.

2 Thessalonians 1:5-6 All this is evidence that God's judgment is right, and as a result you will be counted worthy of the kingdom of God, for which you are suffering.

Romans 5:2-4 And we rejoice in the hope of the glory of God. Not only so, but we also rejoice in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope.

Psalms 145:14 Yahweh upholds all who fall, And raises up all those who are bowed down.

Lamentations 3:31-33 For the Lord will not cast off forever. For though he cause grief, yet will he have compassion according to the multitude of his loving kindnesses. For he does not afflict willingly, nor grieve the children of men.

Jeremiah 16:19 Yahweh, my strength, and my stronghold, and my refuge in the day of affliction, to you shall the nations come from the ends of the earth, and shall say, Our fathers have inherited nothing but lies, [even] vanity and things in which there is no profit.

Proverbs 12:21 No mischief shall happen to the righteous, But the wicked shall be filled with evil.

Psalms 30:5 For his anger is but for a moment; His favor is for a lifetime. Weeping may stay for the night, But joy comes in the morning.

Psalms 34:19 Many are the afflictions of the righteous, But Yahweh delivers him out of them all.

Psalms 42:11 Why are you in despair, my soul? Why are you disturbed within me? Hope in God! For I shall still praise him, The saving help of my countenance, and my God.

Psalms 71:20 You, who have shown us many and bitter troubles, You will let me live. You will bring us up again from the depths of the earth.

Psalms 18:27-28 For you will save the afflicted people, But the haughty eyes you will bring down. For you will light my lamp, Yahweh. My God will light up my darkness.

Psalms 126:5-6 Those who sow in tears will reap in joy. He who goes out weeping, carrying seed for sowing, Will assuredly come again with joy, carrying his sheaves.